Date written: Tuesday, April 24, 2012

For Your Information and Wellness.

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An earthquake of large proportions is coming.

We need to seek the LORD GOD YAHWEH ALMIGHTY in prayer to Him and His Son, Jesus Christ / Yeshua Messiah by the Holy Spirit to become prepared and to survive through it.

National Earthquake Hazards Reduction Program
Earthquake Safety Checklist:
http://www.nehrp.gov/pdf/redcrosschecklist.pdf

FEMA E-74 Reducing the Risks of Nonstructural Earthquake Damage http://www.fema.gov/plan/prevent/earthquake/fema74/index.shtm

USGS: http://earthquake.usgs.gov/

Links on How to Prepare and Survive Through an Earthquake:

http://www.pep.bc.ca/hazard_preparedness/prepare_now/prepare1.gif

http://www.ehow.com/how 1247 prepare-family-earthquake.html

http://corpgiant.hubpages.com/hub/What-To-Do-During-An-Earthquake-Or-Disaster

http://www.consrv.ca.gov/index/Earthquakes/Pages/qh earthquakes what.aspx

http://tremor.nmt.edu/faq/prepare.html

http://www.fema.gov/plan/prevent/earthquake/preparedness home.shtm

http://www.wikihow.com/Prepare-for-an-Earthquake

http://live.washingtonpost.com/earthquakes-anthony-guarino-0824.html

http://wiki.answers.com/Q/How do you prepare for an earthquake
http://www.survival-goods.com/How to Survive during an Earthquake s/165.htm
http://losangeles.about.com/od/educationgovernment/a/earthquakeprep.htm

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<u>Prepare an Emergency Kit - http://www.familyhomesecurity.com/how-to-prepare-for-a-severe-earthquake/</u>

<u>Every family should have an emergency</u> kit for natural disasters. This kit should be able to sustain your family during days, or weeks during which utilities may not be available. It pays to be prepared! This kit can be used for many different types of natural disasters, such as severe snowstorms, hurricanes, tornadoes or flash floods.

- **Food** Have at least a 3-day supply of non-perishable food in your emergency kit.
- Water You should have one gallon per person per day. For a family of four to have
 a 3 day supply, you would need 12 gallons of water.
- Light Flashlights, candles and extra batteries are a must.
- Radio A hand-powered crank radio will allow you to keep up with disaster updates even if the power goes out.
- Important Documents Passports, birth certificates and other important documents should be in a waterproof, fire-proof container that can easily be carried in an evacuation.
- Clothing Have at least two spare changes of clothes for each member of your family, preferably warm, high quality clothing.
- Warmth Sleeping bags, wool blankets and hand warmers should be an essential part of your emergency kit.
- Entertainment Books, card games and other activities are useful for keeping children (and adults) calm during a crisis.
- Communication Two-way radios can be a useful way for your family to communicate over short distances, in the event that phone lines aren't functioning.