



Rice Cake Pizza!

This is a delicious, quick, easy and great way for you and your children to have a healthy pizza snack!

I use Two Lundberg Family Farms Vegan and Gluten Free Rice Cakes:

http://www.lundberg.com/products/rice_cakes.aspx, but any kind of rice will do.

ON EACH RICE CAKE:

- Spread one level Tsp of Sabra Hummus (I use the Greek Olive) you may use any flavor you like. <http://www.sabra.com/products/category/Hummus>
- Spread one level Tsp of Organic Salsa (I purchase the Mild version Green Wise brand from Publix).
<http://www.publix.com/wellness/greenwise/products/ProductDetail.do?id=1215>)
- You can eat it just like this, but you also may use additional toppings on rice cakes such as broccoli, mushrooms, or sometimes I put one level Tsp of Chickpeas or Cedar's Edamame Salad, just enough to cover the top.
<http://www.cedarsfoods.com/products-medsalads.htm>
- Enjoy!

Call in to ***Vegan Living Simply*** with comments or questions or listen live. See upcoming program shows on

<http://www.blogtalkradio.com/vegan-living-simply>

Listener Dial-in Telephone number (646)652-2243.

Recipe from *Vegan Living Simply*, a ministry from
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